



OCTOBER 2022 | Vol. 5



# CCDBG TIMES



California Indian Manpower Consortium, Inc.  
Child Care and Development Block Grant Program



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## Hello from everyone here In CIMC's CCDBG Program!

Fall is a special time of the year. For most, Halloween is a favorite celebration. To celebrate, we would like to share some fun and exciting activities for you and your children to do together.

This month, the CCDBG Program would like to highlight a few special families and providers found on page 3. If you or your children would like to be featured in our future newsletters, please share pictures with us! Our contact information is located on pages 2 and 8 of this newsletter, please reach out to us anytime!





# RESOURCES



## FOR QUESTIONS ABOUT THE CCDBG PROGRAM

Sarah M. King - Program Coordinator [SarahK@cimcinc.com](mailto:SarahK@cimcinc.com)

Susan Morla - Program Specialist [SusanM@cimcinc.com](mailto:SusanM@cimcinc.com)

Skyler Baltazar - Secretary [SkylerB@cimcinc.com](mailto:SkylerB@cimcinc.com)

(800) 593-5273 | (916) 925-3582 | TTY: (800) 748-5259



## FREE Emergency & Disaster Preparedness Training

Includes a backpack full of emergency equipment valued at \$90 for FREE

### Interested in joining this training?

To register and receive the training link, please contact  
Susan Morla [susanm@cimcinc.com](mailto:susanm@cimcinc.com) or Skyler Baltazar [skylerb@cimcinc.com](mailto:skylerb@cimcinc.com)  
You can also call 916-925-3582 / 800-593-5373



# CSBG



## Community Services Block Grant Program

- Nutrition services for limited food resources

- Housing Assistance
- Utility Assistance
- Education Assistance
- Employment Assistance



SCAN ME

Scan the QR Code or visit  
<http://www.cimcinc.org> to learn more



## CONDOR

SUCCESS AND CAREER ACADEMY



### Is your child in need of tutoring?

Tutoring is available for children of all ages through Grade Results. Students work at their own pace and all instruction is individualized. Through the CIMC Condor Success and Career Academy, student can complete school, earn a high school diploma, or complete a pathway certification program



Scan the QR Code or visit  
<http://www.cimcinc.org> to learn more

## National Maternal Mental Health Hotline Launched



The Health Resources and Services Administration (HRSA) officially launched the National Maternal Mental Health Hotline earlier this year. Available 24/7, the Hotline provides free, confidential support, resources, and referrals from professional counselors to pregnant and postpartum individuals. Counselors offer support in English and Spanish and interpreter services are available in 60 additional languages.

For help when it's needed, call or text the National Maternal Mental Health Hotline

1-833-9-HELP4MOMS (1-833-943-5746).

TTY Users can use a preferred relay service or dial 711 and then 1-833-943-5746.



## BREAST CANCER AWARENESS MONTH



# CCDBG'S WALL OF STARS



Cerna Children showing off their 2022 school backpacks!

The CCDBG Program would like to thank the following provider and families for sharing these wonderful pictures. We love seeing pictures of our participating children and providers enjoying the items we send. If you would like to be included in our next newsletter, or if you would just like to share pictures, please email them to us!



the Aguilar Family modeling their new Baketivity sets!



Provider Tiffany modeling the Baketivity set we sent out this summer!



The Ortega Children having fun making pizza with their Baketivity set!





# MONSTER MASH SNACK TRAY



HAVE FUN WITH YOUR KIDS THIS HALLOWEEN CREATING THIS HEALTHY  
HOMEMADE SNACK TRAY!



<https://www.cleaneatingkitchen.com/8-healthy-halloween-snacks-gluten-free/>



## INGREDIENTS

- 3 Bananas
- 5 Celery Sticks
- 2 Green Apples
- Strawberries
- 4 Mandarin Oranges
- 1/4 Cup peanut butter
- 1/4 cup of yogurt
- Sunflower seeds
- Skewers
- Your choice of Halloween candy

DIRECTIONS: HELP GUIDE YOUR CHILD'S CREATIVITY TO ASSEMBLE THE INDIVIDUAL  
SNACK TRAY COMPONENTS AND THEN PLACE THEM ON A LARGE PLATTER



# STAINED GLASS PUMPKINS



## WHAT YOU'LL NEED:

- 12-15 INCH SQUARE OF WAXED PAPER - 1 PER CHILD
- 2-3 INCH PIECES OF TISSUE PAPER
- LIQUID STARCH OR LIQUID ELMER'S GLUE
- PAINT BRUSHES
- SMALL BOWL OF WATER
- SCISORS



- OPTIONAL MATERIALS-
- BLACK CONSTRUCTION PAPER
- BLACK MARKERS



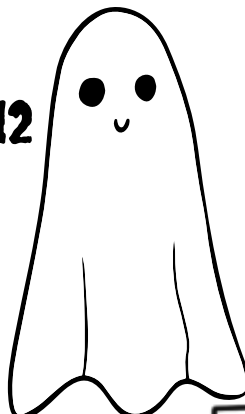
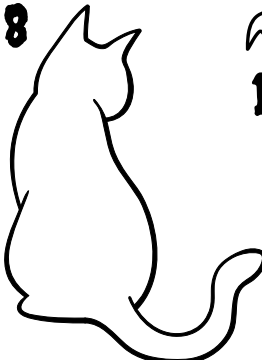
## DIRECTIONS:

- 1: HAVE YOUR CHILD PLACE A TISSUE PAPER SQUARE ONTO THE WAX PAPER -YOU MAY NEED TO TAPE THE WAX PAPER DOWN ONTO THE TABLE SO THAT IT WON'T MOVE
- 2: LET YOUR CHILD PAINT OVER THE TISSUE PAPER SQUARE WITH EITHER WATERED DOWN LIQUID STARCH OR WATERED DOWN GLUE
- 3: HAVE YOUR CHILD CONTINUE ADDING THE TISSUE SQUARES UNTIL THEIR DESIGN IS COMPLETE OR THE WAX PAPER IS FULL
- 4: WHEN THE STARCH OR GLUE HAS DRIED UP, HELP THE CHILDREN CUT THEIR PAPER INTO THE SHAPE OF A PUMPKIN
- 5: OPTIONAL - EITHER HELP YOUR CHILD CUT BLACK PAPER INTO SHAPES OF EYES AND A MOUTH FOR THE PUMPKIN OR USE A MARKER TO HELP THEM DRAW EYES AND A MOUTH
- 6: TAPE THE PUMPKIN TO A WINDOW TO SEE THE STAINED GLASS EFFECT!





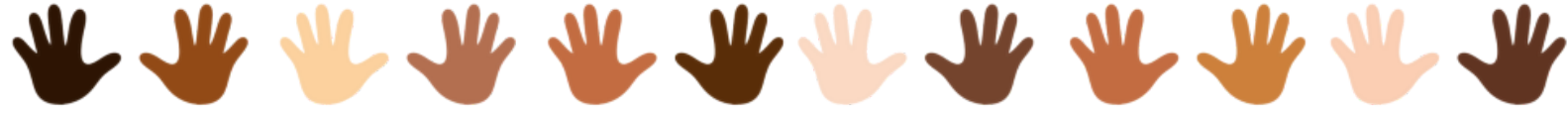
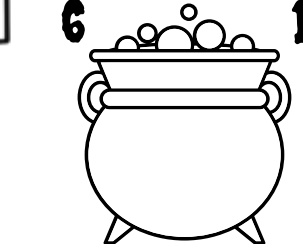
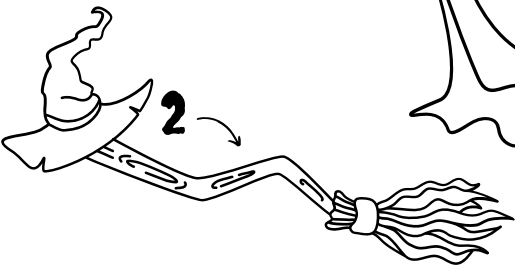
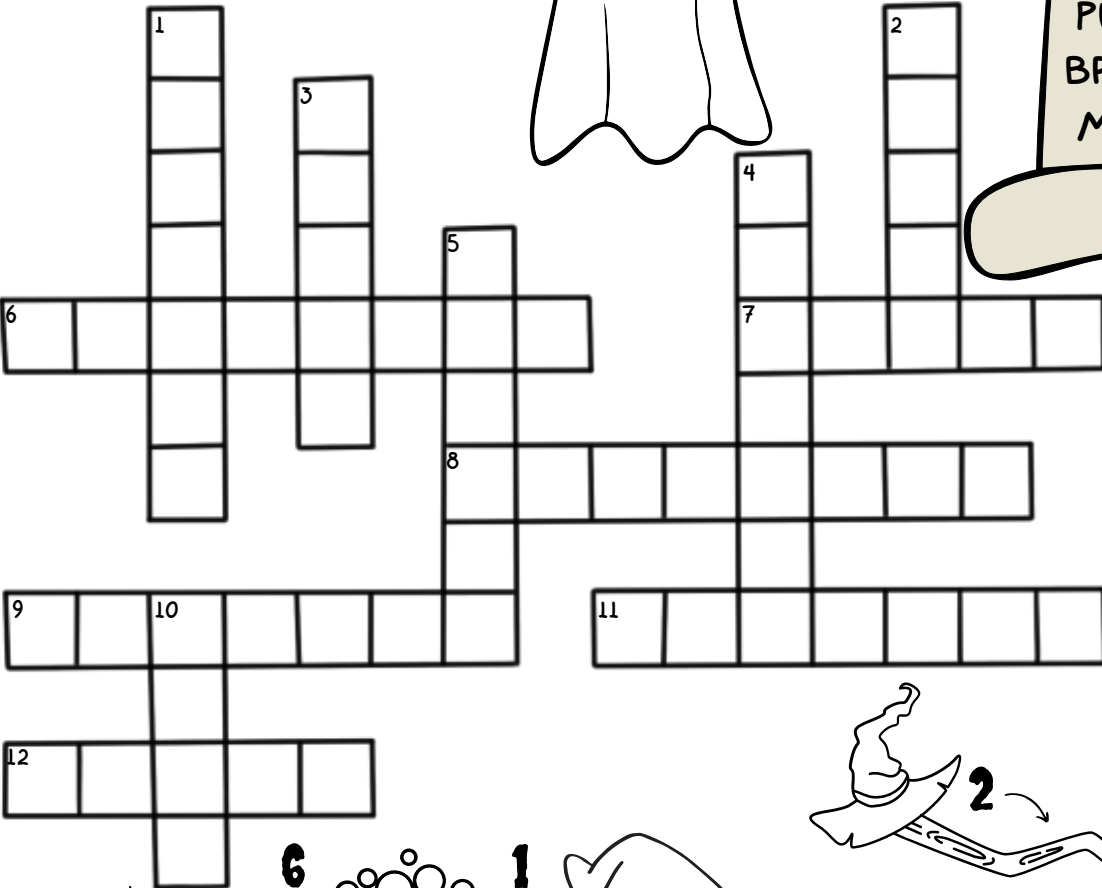
# Kids Corner



**Word Bank**

DOWN: COSTUME  
CANDY  
ZOMBIE  
PUMPKIN  
BROOM  
MOON

ACROSS: MUMMY  
CAULDRON  
VAMPIRE  
MONSTER  
BLACK CAT  
GHOST











# **CIMC CCDBG Program**

**Do you need help paying for your child care?**

**CIMC CCDBG Program may be able to help you.**

**Are you from one of the following tribes:**

**Cahuilla Band of Indians, Kletsel Dehe Wintun Nation,  
Coyote Valley Band of Pomo Indians, Fort  
Independence Indian Reservation, Lone Pine Paiute-  
Shoshone Reservation, Mesa Grande Band of Mission  
Indians, Morongo Band of Mission Indians, Pala Band  
of Mission Indians, San Pasqual Band of Mission  
Indians, Santa Rosa Band of Cahuilla Indians, Santa  
Ynez Band of Chumash Indians, Lipay Nation of Santa  
Ysabel, Sherwood Valley Band of Pomo Indians,  
Tuolumne Me-Wuk Indians, Habematolel Pomo of  
Upper Lake**

**Staff can mail or email an application to you.**

**Please feel free to contact the CIMC CCDBG  
Program at (916) 925-3582 or (800) 593-5273  
with any questions.**

**Scan the QR Code to be directed to our website,  
or go to [CIMC.ORG](http://CIMC.ORG) to learn more.**

